

**Be Safe.
Be Respectful.
Be Responsible.**



Head Start Profile: FY2025

Who We Are

CAPIC Head Start is a comprehensive early education program that prepares children and families for success in kindergarten and beyond. Serving eligible families in Chelsea, Revere and Winthrop, our success comes from the collaborative efforts of staff, families and community partners to ensure each child reaches individual and program-wide school readiness goals.

CAPIC's center-based educational programming promotes cognitive, social-emotional, physical and language development. Access to health, nutrition, special education and mental health services is available to all. To meet the varied needs of families, the program's schedules vary from 4-hour to 10-hour days, and from a traditional 9-month school year to a year-round schedule.

Family Engagement

Family Engagement is the cornerstone of CAPIC Head Start. As the first and most important educators of their children, all parents and families are encouraged and welcomed to participate to the greatest extent possible. Based on families' interests and needs, an array of social and educational activities are planned. Volunteering is encouraged when safe to do so. The Policy Council provides parent representatives a leadership and governance role in the program.

Highlights for the 2024-2025 Year

- ✓ Circles of Security and Parenting Journeys classes
- ✓ Zumbini parent/child classes were offered
- ✓ Offered Tech Goes Home Classes
- ✓ Had a well attended Good Guys program

Health and Nutrition Highlights

Health and nutrition are foundational for children's readiness and ability to learn. CAPIC Head Start's comprehensive approach to child development ensures children have access to health insurance, developmental screenings, immunizations, well-child visits, dental and nutrition services, necessary medical attention, healthy meals, and connections to other social service programs.

Highlights for the 2024-2025 Year

- ✓ On-boarded a new Health, Safety, and Nutrition Coordinator
- ✓ Partnered with Spoonfuls for food donations
- ✓ Purchased Dr. Yum Food Curriculum
- ✓ BU gave free dental screenings to children in need
- ✓ Hired Summer interns to assist in documentation for the start of the school year

Key Child Health Data

100%	Insurance and medical homes
100%	Up to date on Immunizations
93%	Up to date on EPSDT

Enrollment

We were fully enrolled at 198 children all year.

25%	Income < 100% FPG
59%	Public Assistance
10%	Homeless
2%	Other
3%	Income = 100-130% FPG



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Preparing Children for the Years Ahead

Preparing Children for Kindergarten

CAPIC is committed to providing each child with the highest quality classroom and educational experience. All Teachers have a higher ed degree and participate in on-going professional development and training. The program has implemented two key curricula to prepare children and promote developmental outcomes; OWL (Opening the World to Learning), a literacy-based Curricula and Building Blocks a math-based curriculum.



School Readiness Goals and Outcomes 2024-2025

The program, with input from parents and staff, has established a set of program-wide readiness goals. Each child's development is assessed using the Teaching Strategies Gold[®] assessment tool. Individual outcomes are shared with parents and used to develop individual learning goals. Aggregate data is analyzed to identify trends, opportunities for program improvements and successes to celebrate. In 2024-2025, fall and winter assessments were complete.

School Readiness Outcomes		Fall	Spring
<i>Percentage of children meeting or exceeding widely held expectations</i>			
Physical			
demonstrate control of small muscles for purposes such as using utensils, self-care, building, and exploring.		55%	89%
develop increasing control of their large muscles, demonstrating strength, balance, and coordination		78%	97%
Social Emotional			
express confidence & positive feelings about self, and demonstrate a sense of belonging to family and community		56%	93%
develop & maintain positive relationships with peers and familiar adults including cooperation and problem resolution.		47%	89%
Approaches to Learning			
show initiative, interest in a variety of topics, enthusiasm for learning, and imagination in their thinking and behavior.		51%	80%
Language and Literacy			
demonstrate an interest in books and the ability to understand and get meaning from stories.		40%	84%
Cognition			
develop an understanding of numbers and be able to use them in everyday experiences to count objects, identify and compare quantities, and solve concrete mathematical problems.		40%	75%
be able to name, compare, and combine shapes; recognize and extend patterns; and compare and order objects by length, size and weight		24%	75%

Fiscal

Head Start Federal	BUDGET	SPENT
Personnel Costs	\$3,120,325	\$2,330,862.22
Supplies	\$197,663	\$163,475.14
Travel	\$3,400	\$4618.55
Other	\$1,173,568.49	\$943,929.17
Contractual	\$43,588	\$128,639.15
TOTAL APPROVED BUDGET	\$4,588,544.49	\$2,579,127

Source	Funding
USDA	\$187,073.43
NFS	\$332,578
OTHER	\$1,559,698.88